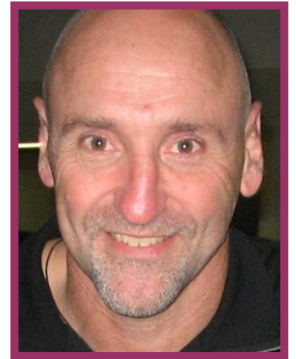


Living Wise

"Inspiration and Education to Step up and Play a Bigger Game in Life"

Volume 11 No 5.1



Opportunities Come and Then Go

What an amazing time in Australia. The federal election left us with a hung Parliament and a great deal of indecision as to who would lead the country.

After much jockeying and deal making one party has taken power, even though most of the power seems to lie with the small groups of independents and Greens candidates who have elected to support one side over the other.

In this situation, the governing party has agreed to support a number of the initiatives of the independents and Greens in return for their support on declared policies.

But if we look further, this situation creates a rarely experienced opportunity for open discussion, cooperation and bi-partisan approaches to some of the nation's and the world's more persistent struggles.

In reality, though, the old competitiveness seems to still exist on the surface as the two major parties struggle to out-do each other in the popularity stakes.

But even though this appears to be the case on the surface, for the first time we have a governing party that must first address the concerns of a small group of independents. It is almost as if our government has a conscience watching over it, challenging its decisions and direction.

I suppose that the degree to which the independents are actually independent will measure the degree of role they play as a conscience vote. Certainly deals are being done, but for the first time the influence of powerful lobbyists and dominant vested interests have been watered down. Governments in this situation can no longer create policy, couple it with some clever PR and turn it into law. Somebody can stop them at the starting line.

Further, I am fascinated by the opposition's approach to this. There seems to be a great deal of resistance and negativity towards the government, the independents and the situation as a whole, and I wonder if this is a wise strategy.

As time proceeds, we might find that some really good decisions get made. We may find that a great deal more consideration of the benefit to the collective goes into government policy and the enactment of law. The current setup may become attractive to the general population. If so, when the opposition do get a chance to govern, they may find themselves facing a similar situation.

My inclination is to look at the current situation and ask myself how it may work for the benefit of all as we move forward. A government depending on the support of a limited number of independents is forced to govern from a broader foundation than just its political ideology. I think this is exciting.

When I look at life in general, it is interesting to note how this situation may duplicate itself in other arenas. Local and State Governments could easily face a similar situation. Corporation Boards and Shareholder Groups often face this situation. We have often seen the carnage associated with the activities of boards that have too much power and do not face the scrutiny of a broad base of shareholders.

It is true to say that an organisation without a single dominant group can get bogged down in indecision and stop progressing. Some level of primary influence is necessary to keep things moving forward. However, the influence of a concerned, fair minority can be very helpful.

I am always interested when we talk about which party is "in power". Power is great until it is influenced or corrupted by hidden agendas or vested interests. My guess is that the impact of these two factors may well be reduced by the presence of these independent participants in the decision making process.

And who knows, in the future we may see more influential, service oriented people, contesting seats as an independent in future parliaments to keep this new system going. Who knows, we may find ourselves being governed by a group of wise, compassionate and balanced people who all stand as independent representatives of the people.

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Living Wise

"Building a Working Life that Works for Life"

Quotes

He who gains a victory over other men is strong; but he who gains a victory over himself is all powerful.
Lao-Tzu

If a free society cannot help the many who are poor, it cannot save the few who are rich. John F. Kennedy

Don't measure yourself by what you have accomplished, but by what you should have accomplished with your ability. John Wooden

I find my greatest pleasure, and so my reward, in the work that precedes what the world calls success.
Thomas A. Edison

Time for a Laugh:

Two guys are walking down the street when a mugger approaches them and demands their money. They both grudgingly pull out their wallets and begin taking out their cash. Just then one guy turns to the other and hands him a bill. "Here's that \$20 I owe you," he says.

And from Jerry Seinfeld: TV commercials now show you how detergents take out bloodstains, a pretty violent image there. I think if you've got a T-shirt with a bloodstain all over it, maybe laundry isn't your biggest problem

Run a Program at Work

I specialise in building and reclaiming good health and life balance. Whatever the problem or challenge is in your workplace, I will rise to the task and find a solution for you.

- Workshops and Seminars
- Conference Packages
- ReSurfacing Workshops
- Avatar Courses
- Health Assessment Referrals

I deliver Powerful and Inspiring Seminars and Workshops designed to bring about positive change.

Enhance the atmosphere in your workplace.
You can Call us on 0415 844 919 or;
Email jt@johntoomey.net

Some Tips on Governance:

Integrity is an integral part of fair and balanced governance. It requires honest self-examination as to one's motives, moment to moment. It does not mean one cannot have an agenda, but when an agenda is hidden it becomes a hidden influence that can corrupt.

To read more about Integrity, explore the Personal Integrity Mini Course at the following link. It is a very powerful exploration of integrity and provides an opportunity to explore those parts of our lives where we have been out of integrity.

You may wish to step into public life at some point in the future. When this is done from a desire to serve the common good, you will do great work. When it comes from a secret desire for power and influence, it will end in an unhappy place. There is no other possible result.

Check out:

http://www.avatarepacific.com/images/stories/Mini_Courses/Personal%20Integrity%20Mini%20Course.pdf

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"Building a Working Life that Works for Life"

A Fantastic Detox and Immune Boost

About 20 years ago I was introduced to Sunrider, a company that made incredible teas and nutritional supplements. I have used their products on and off over the years.

One of the main things I liked about the products was the detoxing effects. The teas comprise herbs that have a deep cleansing effect on the body.

In recent years, I have lost contact with the person I used to buy from and had not used the products for some time, nearly 10 years. Then recently, I met Katrina Zaslavsky, who contacted me on Facebook. Katrina had been at one of my seminars with her work some years ago and recognized me on Facebook and popped up to say hello.

I was delighted to find out that she was selling the Sunrider Products and quickly ordered some so I could do a bit of a herbal detox. The results were incredible. So I asked Katrina to give me a bit of material so that I could write about Sunrider in my newsletter.

The Sunrider products are designed to assist you in a number of ways. First there is the deep detoxification. This also includes the revival of sluggish lymphatic systems and the return of highly efficient bowel function.

The herbs also have a balancing effect on the body's hormonal systems and help to bring everything into harmony.

Various programs can be put together by combining products to achieve a specific result. These programs include weight loss and fitness program optimization.

You can take a look at the many wonderful articles and product descriptions on Katrina's site: <http://inspireyourdreams.com/categories/diver-wellbeing.htm>

Probably my favorite product is the Calli Tea. Coming in a range of flavors, the Calli Tea is the most incredible detox. When I worked in the AFL, one of the challenges of flying to Perth was ensuring that the players maintained normal and efficient bowel function after two 3-4 hour flights in a few days. Each player was given a couple of Calli Tea Bags and

none reported symptoms of what was previously a problem.

So jump onto Katrina's site and have a look around. She also produces a cool Newsletter that will keep you up to date with Wellness Articles and product news. And apparently she has a surprise for all you chocolate lovers.

www.inspiredwellness.com.au